

# ARDTORNISH PRIMARY SCHOOL

## Summer Menu 2017

### CANTEEN PRICE LIST

*Effective from 1 November 2016*

The Canteen operates from 9.00am to 1.50pm  
on Tuesday to Friday

### ***THE CANTEEN IS NOT OPEN ON MONDAYS***

1. Orders must be placed in the classroom order box or can be done via the on-line QKR! App by 9:30am on the day.
2. Recess & Lunch orders **MUST** be written on SEPARATE BAGS.
3. Hot food, salad boxes, sandwiches and rolls are available for LUNCH only.
4. JP children (Reception to Year 2) are **NOT ALLOWED** to purchase over the
5. counter at recess time.
6. Straws, spoons etc. will be supplied when required.
7. Lunch bags are 5c each and are available at the Canteen.
8. For safety reasons, the canteen is unable to heat any food or drinks brought from home.

*All food and drink supplied by our canteen complies with the Healthy Guidelines, where foods are rated according to their nutritional value. Green is recommended, yellow is ok and red is not recommended (occasional only).*

*Our canteen only sells green or yellow rated foods.*

**\* GF - Gluten Free**

**NO FOOD WILL BE SUPPLIED ON A CREDIT BASIS**

**The Canteen cannot run without  
the help of VOLUNTEERS.  
If you can help (even once or twice a term)  
please call Michele Smale on 8264 8099  
or call into the Canteen during operating hours.**

<b>SANDWICHES &amp; ROLLS (Daily)</b>		
Wholemeal / Hifibre bread or roll. *GF Bread available*	Sandwich	Roll
Butter	\$1.50	\$2.00
Vegemite	\$2.00	\$2.30
Chicken, ham, egg only	\$3.50	\$4.00
with salad (lettuce, tomato, cucumber)	\$4.30	\$4.80
Salad only	\$3.00	\$3.50
<b>EXTRAS</b>		
Cheese	60c	
Lettuce, tomato, cucumber, beetroot, carrot	50c	each
Tomato, bbq, mayo & tartare sauce sachet	30c	each
<b>SALAD / FRUIT BOXES</b>		
<b>Salad</b>	Small	\$4.50
ham/chicken, lettuce, tomato, cucumber, carrot, capsicum, mushroom, celery, boiled egg, biscuits and piece of cheese	Large	\$5.80
		\$5.80
<b>Fruit Salad</b>		
Seasonal Fruit - apple, orange, kiwi fruit, pear, grapes, watermelon	Small	\$4.00
	Large	\$4.50
<b>HOT FOOD (Daily)</b>		
<b>Maria's Kitchen</b>		
Spaghetti Bolognese		\$4.50
Butter Chicken with Rice		\$4.50
Vegetarian Rice		\$4.50
Lasagne		\$4.50
Macaroni & Cheese		\$4.50
Pizza & Garlic Bread		\$3.80
Mamee Noodle Cup (Beef/Chicken)		\$2.70
Mrs Macs Good Eating Sausage Roll		\$2.80
Mrs Macs Good Eating Beef Cruizer Pie		\$3.60
Mrs Macs Good Eating Small School Pie		\$2.80
*Mrs Macs Gluten Free Beef Roll*		\$4.50
*Mrs Macs Gluten Free Beef Pie*		\$5.50
Mrs Macs Traditional Pastie OR Vegetarian Pastie		\$3.50
Vegetarian Burger (Veg Pattie, tomato, lettuce & mayo)		\$5.80
Chicken Wrap (tenderloin with mayo, lettuce & cheese)	*GF Available*	\$5.50
<b>SNACKS (Daily)</b>		
JJ's - Chicken, Pizza, Burger, Salt n Vinegar		\$1.60
Mamee Noodles - BBQ, Chicken		\$1.00
Corntos - Cheese, BBQ		\$1.00
Smiths Chips		\$1.60
*GF Rice Sticks and Vege Chips*		\$1.00
Rite choice chocolate chip cookie	each	\$1.00
Individual pieces of fruit	each	\$0.50

<b>SPECIALS</b>		
<b>DAILY MEAL DEAL OPTIONS</b>		
<b>TUESDAY</b>		
Fish nuggets and Wedges		\$5.50
OR		
Chicken nuggets and Wedges		\$5.50
<b>with</b> Mini Raspberry Callipo		\$6.00
<b>WEDNESDAY</b>		
Chicken Burgers (crumbed chicken fillet with lettuce, cheese, tomato & mayo)		
		\$5.80
Beef Burger (1/4 pound beef pattie, lettuce, cheese, tomato, tomato sauce)		
		\$5.80
<b>with</b> frozen juice cup		\$6.30
<b>THURSDAY</b>		
Hot Dog with tomato sauce		\$5.00
<b>with</b> slushy		\$6.00
<b>FRIDAY</b>		
Chicken chippees		\$5.50
<b>with</b> Mini Raspberry Callipo		\$6.00
<b>DRINKS (Daily)</b>		
Nippys Milk 250ml - Chocolate/Strawberry/ Honeycomb		\$2.50
Water 600ml		\$1.50
100% Fruit box Juice - Apple, Orange		\$2.00
Slushie		\$2.00
Hot Chocolate		\$1.00
<b>ICE BLOCKS (Daily)</b>		
Moozies		\$1.20
Callipo		\$1.00
Icy Twists		\$1.20
Frozen Juice Cups		\$1.00
Jelly Sticks (maximum of 5)	each	\$0.10
Quelch		\$0.50